

# POLADA ANNUAL REPORT

2019



**POLADA**  
Polska Agencja Antydopingowa

# Contents

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- 
- 03** FOREWORD
  - 04** POLADA ACTIVITIES IN NUMBERS
  - 06** EDUCATION AND INFORMATION
  - 11** DOPING CONTROL PROGRAM
  - 13** PROHIBITED SUBSTANCES DETECTED
  - 15** ANTI-DOPING RULE VIOLATIONS
  - 19** ANTI-DOPING TESTING OUTSOURCED TO POLADA
  - 21** INTERNATIONAL COOPERATION
  - 27** POLADA ORGANIZATIONAL CHART
  - 28** CONTACT DETAILS

# Foreword

**2019 was undoubtedly Poland's year in the world of anti-doping. The main event that crowned several years of preparations was the World Conference on Doping in Sport, held on 5-7 November in Katowice. It was during this conference that Witold Bańka, Poland's Minister of Sport and Tourism was elected President of the World Anti-Doping Agency.**

For the Polish Anti-Doping Agency, last year was a period of hard work during which we **launched a new anti-doping campaign entitled "Gramy Fair" (We Play Fair)**, promoted by a large number of famous ambassadors. To name a few, the **campaign was supported by Marcin Lewandowski, Monika Pyrek, Angelika Cichocka, Luiza Złotkowska and Joanna Jędrzejczyk.** 2019 was also the year of celebrating the **30th anniversary of the Polish anti-doping system.** Important records were broken: **the largest number of collected samples, a record number of hearings held by POLADA's independent Disciplinary Panel, and the largest number of anti-doping proceedings initiated.** We also established the POLADA Athletes Committee whose role is to support the Agency in its work and act as an advisory and opinion-making body.

The Analyses and Investigations Department of POLADA became fully operational. In cooperation with the Prosecutor's Office, the Police and other governmental agencies the Department conducted activities detecting violations of anti-doping rules and criminal law regulations relating to doping. Since its inception, over 100 doping-related investigations have been launched. The largest case cracked by the Department was the violation of anti-doping regulations by players of the second league football club Pogoń Siedlce. Two members of the coaching team and seven players were involved in the use of prohibited intravenous infusions. The case received a great deal of attention in Polish and foreign media.

In parallel with its domestic operations POLADA carried out international-level projects, in particular as part of the Agency's cooperation with the World Anti-Doping Agency, the Council of Europe, partners from international sports federations and national anti-doping organizations.



**Michał Rynkowski, POLADA Director**

# POLADA in numbers

The statistics presented below relate to Polish Anti-Doping Agency's activities conducted from January to the end of December 2019. The activities were scheduled and implemented under the 2019 annual doping control program.

## DOPING CONTROLS IN 2019



5523

Total number of laboratory analyses of samples collected nationally



4117

Total number of doping tests performed nationally



546

Total number of doping tests outsourced to POLADA



555

National control missions



69

Control missions outsourced to POLADA

## DRUG DATABASE



9972

Visits to the database



33693

Unique searches and inquiries



615

Number of conversations with the Anti-Doping Hotline

## EDUCATION

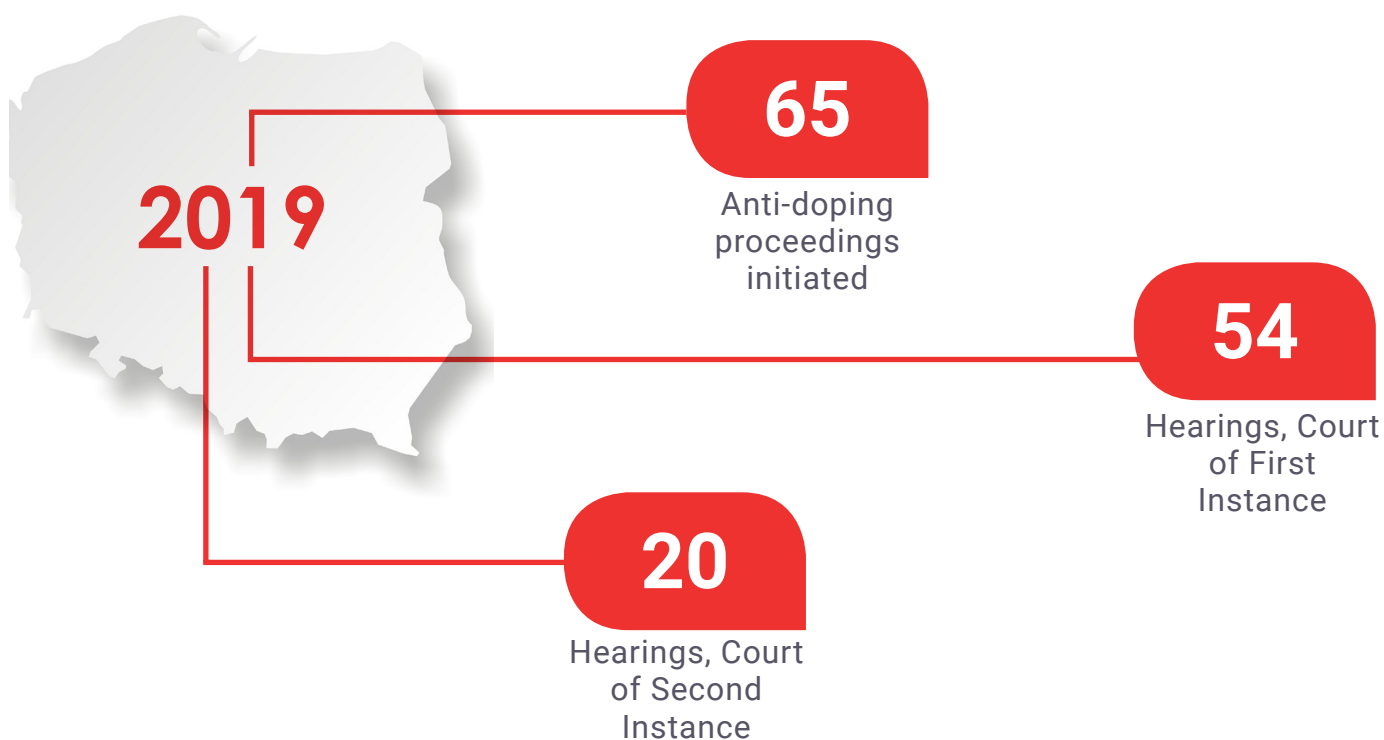


5087

Persons covered by in-person education



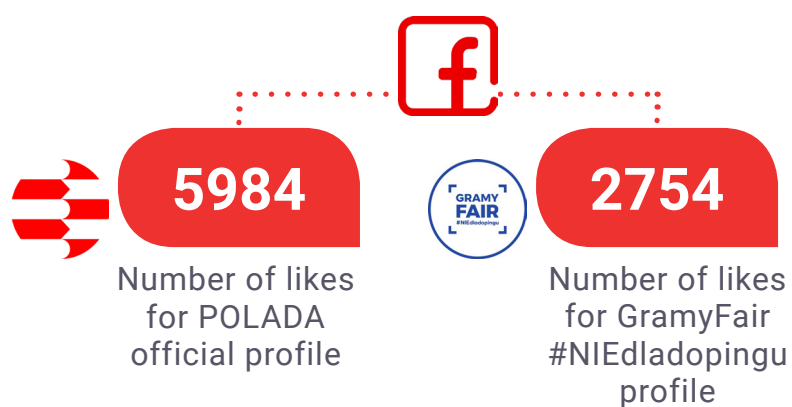
## DISCIPLINARY PANEL



## BUDGET



## FACEBOOK



## TUEs



# Education and information

Education is one of POLADA's core activities. In 2019, POLADA conducted educational activities addressed to athletes, members of national sports teams and all other participants of the sports movement. A total of 107 individual educational activities were carried out involving over 5 000 participants.



## EDUCATIONAL ACTIVITY

Nearly half (44) of the educational actions in 2019 were carried out during training camps and consultations for sports teams, either at the national level or the province (country region) level. POLADA representatives also conducted educational actions in sports clubs, sports championship schools, during coaches' conferences, scientific conferences and championship-level sports events, such as the National Youth Olympic Games or ICF World Junior and U-23 Canoe Slalom Championships.



### IN-PERSON EDUCATION ACTIVITIES:

Visits during training actions for national or province-level teams (lectures, workshops)

Visits to sports championship schools (lectures, talks, workshops)

Visits to sports clubs (lectures, talks, workshops)

Coaches' conferences, scientific conferences (lectures, workshops)

Visits during championship-level sports events (education stations)





Visits during championship-level sports events (education stations)



SKS on Tour action at the Torwar hall in Warsaw





## GRAMY FAIR (WE PLAY FAIR) #NIEdladopingu CAMPAIGN

The GRAMY FAIR #NIEdladopingu campaign proved to be a major success. It was the first educational campaign of this type, targeting not only athletes but also the general public. The campaign promoted clean and fair sport, as well as awareness of the right path that should be taken to achieve success in sports. The objective was to promote doping-free sport, adherence to the principle of fair play, and encouragement of health-enhancing physical activity.



**The campaign ambassadors:** Joanna Jędrzejczyk, Marcin Lewandowski, Andrzej Wrona, Angelika Cichocka, Tomasz Majewski, Michał Pol, Luiza Złotkowska, Jan Błachowicz, Arkadiusz Malarz, Michał Daszek, Monika Pyrek, Wojciech Włodarczyk and Arkadiusz Moryto. The current WADA President Witold Bańka also actively participated in promoting the idea of clean sport.



「  
**GRAMY  
FAIR**  
#NIEdladopingu  
」



# GRAMY FAIR MÓWIĘ

#NIEdladopingu

KAMPAANIA ANTYDOPINGOWA  
POD PATRONATEM  
MINISTERSTWA SPORTU I TURYSTYKI



GRAMY FAIR  
#NIEdladopingu





## ANTI-DOPING CONFERENCES IN 2019

**In 2019 POLADA hosted or co-hosted the following events:**

- The World Conference on Doping in Sport, held in Katowice
- A conference marking the 30th anniversary of the Polish anti-doping system, entitled: "New challenges in the fight against doping in sport"
- The 6th National Conference on Sports Law, entitled: "Law, Sport, Finance 2019", organized by the Ius et Sport Academic Team on Sports Law, working under the aegis of the Warsaw University Faculty of Law and Administration
- The 6th Scientific and Educational Conference entitled "Pharmaceutical Crime: Detecting and Combatting – Practical Aspects", organized by the Police Academy in Piła.



# Doping Control Program

The doping control program was implemented in line with the World Anti-Doping Agency's International Standard for Testing and Investigations and the Technical Document for Sport Specific Analysis (TDSSA). The statistics presented in the table refer to anti-doping tests conducted by the Polish Anti-Doping Agency in 2019, pursuant to the schedule and implementation requirements included in the 2019 annual doping control program.

In 2019, a total of 4 117 urine and blood samples were collected (1 810 in-competition and 2 307 out-of-competition). All the analyses were performed by the Polish Anti-Doping Laboratory in Warsaw. For the purpose of collecting the aforementioned samples, 555 control missions were performed across the country. The tests covered athletes representing 36 national sports associations.

**4117**

Total number of urine and blood samples collected

**1810**

Total number of samples collected in-competition

**2307**

Total number of samples collected out-of-competition





TABLE: DOPING TESTS MADE IN 2019

SPORT	TESTS	URINE SAMPLES	EPO	GHRF	BLOOD TESTS			
					TRANSF.	HGH SAMPLES	HGH ANALYSES	PPB
Archery	2	11	-	-	-	-	-	-
Badminton	3	16	2	2	-	-	-	-
Basketball	30	150	19	19	-	19	25	-
Biathlon	11	83	49	9	-	7	10	4
Billiards	1	4	-	-	-	-	-	-
Bodybuilding & Powerlifting	9	66	3	26	-	10	14	-
Boxing	19	119	18	20	-	26	33	-
Canoeing	28	196	36	17	-	27	27	20
Cycling	21	161	105	16	-	17	21	25
Dance	1	4	-	-	-	-	-	-
Fencing	7	43	-	-	-	-	-	-
Field Hockey	7	38	4	4	-	-	-	-
Fin swimming	2	12	2	-	-	-	-	-
Football	52	260	93	88	4	103	129	79
Gymnastics	4	22	-	-	-	-	-	-
Handball	29	152	18	18	-	18	18	-
Ice Hockey	21	103	11	11	-	12	12	-
Judo	16	119	12	16	-	19	19	-
Kickboxing	7	44	4	4	-	4	4	-
Modern pentathlon	7	39	4	3	-	1	1	-
Olympic Taekwondo	4	28	4	4	-	4	4	-
Paralympic sport	13	82	12	7	-	-	-	-
Rowing	26	176	54	17	6	18	18	47
Rugby	19	106	19	13	-	19	19	-
Skiing	14	76	30	3	-	3	4	1
Speed skating	18	128	40	19	-	23	27	22
Speedway racing	10	45	2	-	-	-	-	-
Sport climbing	2	21	-	-	-	-	-	-
Sport shooting	1	8	-	-	-	-	-	-
Swimming	16	142	33	16	-	12	12	1
Table tennis	7	35	2	2	-	-	-	-
Tennis	6	37	3	1	-	-	-	-
Track & Field	50	349	86	53	-	47	54	7
Triathlon	4	26	20	6	-	6	6	-
Volleyball	27	148	7	7	-	7	7	-
Weightlifting	40	227	13	78	-	62	92	-
Wrestling	21	145	29	16	-	26	40	-
TOTAL	555	3421	734	495	10	490	596	206



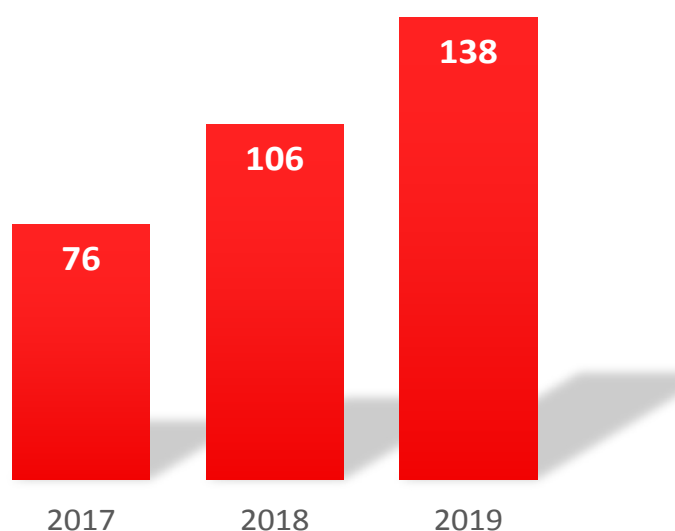


# Prohibited substances detected

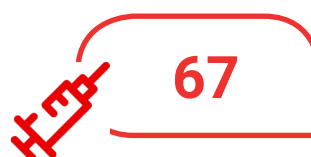
In 2019, 32 more substances, metabolites or markers were detected than in 2018, and 62 more than in 2017 (76 substances in 2017; 106 substances in 2018; 138 substances in 2019). This indicates that more prohibited substances are used by individual athletes, mainly those competing in such sports as bodybuilding and fitness.



GRAPH: NUMBER OF PROHIBITED SUBSTANCES DETECTED, 2017-2019



Over the last 8 years, a total of 461 samples have been collected from athletes representing the Polish Bodybuilding, Fitness and Powerlifting Association. In 104 (22.5%) of the cases, anti-doping rule violations were discovered. Of greatest concern is the increasing number of anabolic androgenic steroids and diuretics detected.



Anabolic androgenic steroids detected

## PROHIBITED SUBSTANCES DETECTED IN 2019

### S.1

#### ANABOLIC ANDROGENIC STEROIDS – 67 CASES

- Drostanolone - 11
- Boldenone - 7
- Metandienone - 7
- Stanozolol - 7
- Trenbolone - 6
- Dehydrochloromethyltestosterone - 5
- Clenbuterol - 5
- Mesterolone - 4
- Oxandrolone - 4
- Nandrolone - 2
- 19-norandrosterone - 2
- Androsterone - 1
- Boldion - 1
- Fluoxymesterone - 1
- Mestanolone - 1
- Methenolone - 1
- Testosterone - 1
- 19-noretiocholanolone - 1

### S.3

#### BETA-2 AGONISTS – 2 CASES

- Fenoterol - 1
- Higenamine - 1

### S.4

#### HORMONE AND METABOLIC MODULATORS – 19 CASES

- Clomiphene - 8
- Letrozole - 5
- Anastrozole - 2
- Exemestane - 2
- Androstatriendion - 1
- GW501516 - 1
- Meldonium - 1

### S.5

#### DIURETICS – 35 CASES

- Canrenone - 8
- Dorzolamide - 6
- Hydrochlorothiazide - 6
- Amyloride - 5
- Chlorothiazide - 5
- Tamoxifen - 2
- Furosemide - 1
- Indapamide - 1
- Torasemide - 1

### S.6

#### STIMULANTS – 6 CASES

- Amphetamine - 2
- Hydroxyamphetamine - 2
- Cocaine - 1
- Pseudoephedrine - 1

### S.8

#### CANNABINOIDS – 8 CASES

- THC - 8

### S.9

#### GLUCOCORTICOIDS – 1 CASE

- Triamcinolone - 1

# Anti-Doping Rule Violations

**In 2019, based on analytical evidence or non-analytical evidence, 65 proceedings (29 more than in 2018) were initiated with regard to anti-doping rule violations.**

In 54 cases, anti-doping rule violations were found. In 11 cases it was concluded that the athletes in question were not at fault, or that there existed no grounds for imposing sanctions. Fourteen anti-doping proceedings initiated in 2019 were still pending in 2020.

Analytical evidence should be understood primarily as results of anti-doping laboratory analyses, whereas non-analytical evidence should be understood as any other form of evidence, such as documents, witness testimony or expert opinion. Nine anti-doping rule violations in 2019 were related to failure to provide whereabouts data or its incorrect entry into the monitoring system.



 **65** Anti-doping rule violation proceedings

 **54** Confirmed anti-doping rule violations

 **11** Athletes not at fault, or no grounds for imposing sanctions

TABLE: ANTI-DOPING RULE VIOLATIONS: ANALYTICAL EVIDENCE

SPORT	CIRCUMSTANCES	TYPE OF VIOLATION	SANCTION
Judo	OOO	Dehydrochloromethyltestosterone	4 years
Boxing	OOO	Dorzolamide	none
Basketball	IC	Clenbuterol	1 year/ case pending
Rowing	OOO	Drostanolone	2 years
Athletics	IC	THC	6 months
Kayak polo	OOO	Higenamine	5 months
Rugby	IC	Dehydrochloromethyltestosterone	4 years
Powerlifting	IC	Stanozolol, Meldonium, Anastrozole	4 years
Rowing	OOO	Clomiphene	reprimand
Football	IC	Androsterone, Testosterone	none
Fitness	IC	Canrenone	2 years/ case pending
Para-Weightlifting	OOO	Metandienone	reprimand
Para-Weightlifting	IC	Dehydrochloromethyltestosterone, Metandienone, Oxandrolone, Clomiphene	case pending
Swimming	IC	Pseudoephedrine	reprimand
Boxing	OOO	Dorzolamide	none
Bodybuilding	IC	Drostanolone, Canrenone	4 years/ case pending
Bodybuilding	IC	based on PLAD results	4 years
Rugby	IC	THC	6 months
Rugby	IC	Amphetamine, Hydroxyamphetamine	reprimand
Judo	IC	Indapamide	reprimand
Wrestling	OOO	Letrozole	none
Fencing	IC	Cocaine	7 months/ case pending
Weightlifting	IC	Clomiphene	2 years
Canoe	IC	Clomiphene	none
Rugby	IC	THC	3 months
Rugby	IC	Chlorothiazide, Hydrochlorothiazide	reprimand
Bodybuilding	OOO	Drostanolone, Trenbolone	4 years
Bodybuilding	OOO	Metandienone	4 years
Canoe	OOO	Dorzolamide	none
Football	IC	Clomiphene	2 years
Athletics	IC	Triamcinolone acetonide	none
Wrestling	IC	Furosemide, THC	2 years
Ice Hockey	IC	THC	10 months
Para- Athletics	IC	Dorzolamide	none
Fitness	IC	based on PLAD results	4 years
Bodybuilding	IC	based on PLAD results	4 years
Bodybuilding	IC	based on PLAD results	case pending
Boxing	OOO	Dorzolamide	none
Field Hockey	IC	Clomiphene	2 years
Canoe	OOO	Dorzolamide	none
Rugby	IC	THC, Amphetamine, Hydroxyamphetamine	case pending
Football	IC	THC	6 months
Athletics	IC	Fenoterole	none
Weightlifting	IC	THC, Boldenone	4 years
Bodybuilding	IC	based on PLAD results	case pending
Bodybuilding	IC	based on PLAD results	case pending



TABLE: ANTI-DOPING RULE VIOLATIONS: ANALYTICAL EVIDENCE (CONT.)

SPORT	CIRCUMSTANCES	TYPE OF VIOLATION	SANCTION
Bodybuilding	IC	based on PLAD results	case pending
Bodybuilding	IC	based on PLAD results	case pending
Kickboxing	IC	Boldenone, Metenolone	case pending
Fitness	IC	Clenbuterol	case pending

TABLE: ANTI-DOPING RULE VIOLATIONS: NON-ANALYTICAL EVIDENCE

SPORT	CIRCUMSTANCES	TYPE OF VIOLATION	SANCTION
Rowing	-	Use of a prohibited substance	1 year
Rowing	-	Trafficking or attempted trafficking	case pending
Powerlifting	IC	Refusal	4 years
Basketball	IC	Prohibited method - infusion	case pending
Weightlifting	-	Possession of a prohibited substance	case pending
Speedway racing	IC	Prohibited method - infusion	case pending
Football	-	Prohibited method - infusion	6 months/ 2 years
Football	-	Prohibited method - infusion	6 months/ 2 years
Football	-	Prohibited method - infusion	6 months/ 2 years
Football	-	Prohibited method - infusion	6 months/ 2 years
Football	-	Prohibited method - infusion	6 months/ 2 years
Football	-	Prohibited method - infusion	6 months/ 2 years
Football	-	Prohibited method - infusion	6 months/ 2 years
Football	-	Complicity	4 years
Football	-	Complicity	case pending
Canoe	-	Use of a prohibited substance	case pending



TABLE: NUMBER OF ANTI-DOPING RULE VIOLATIONS, 2002-2019

	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
VIOLATIONS	46	37	48	23	20	29	29	37	27	40	50	50	34	39	49	33	34	54
NUMBER OF TESTS	1890	1904	1861	1460	1843	2130	2684	2644	2696	2734	3501	3501	3100	3300	3282	3570	3742	4117

CHART: NUMBER OF ANTI-DOPING RULE VIOLATIONS, 2002-2019

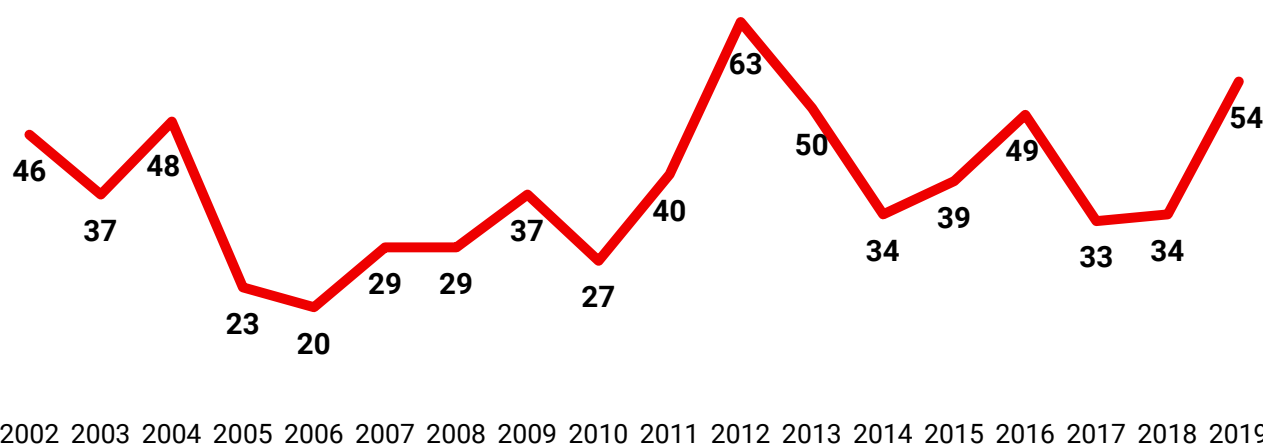
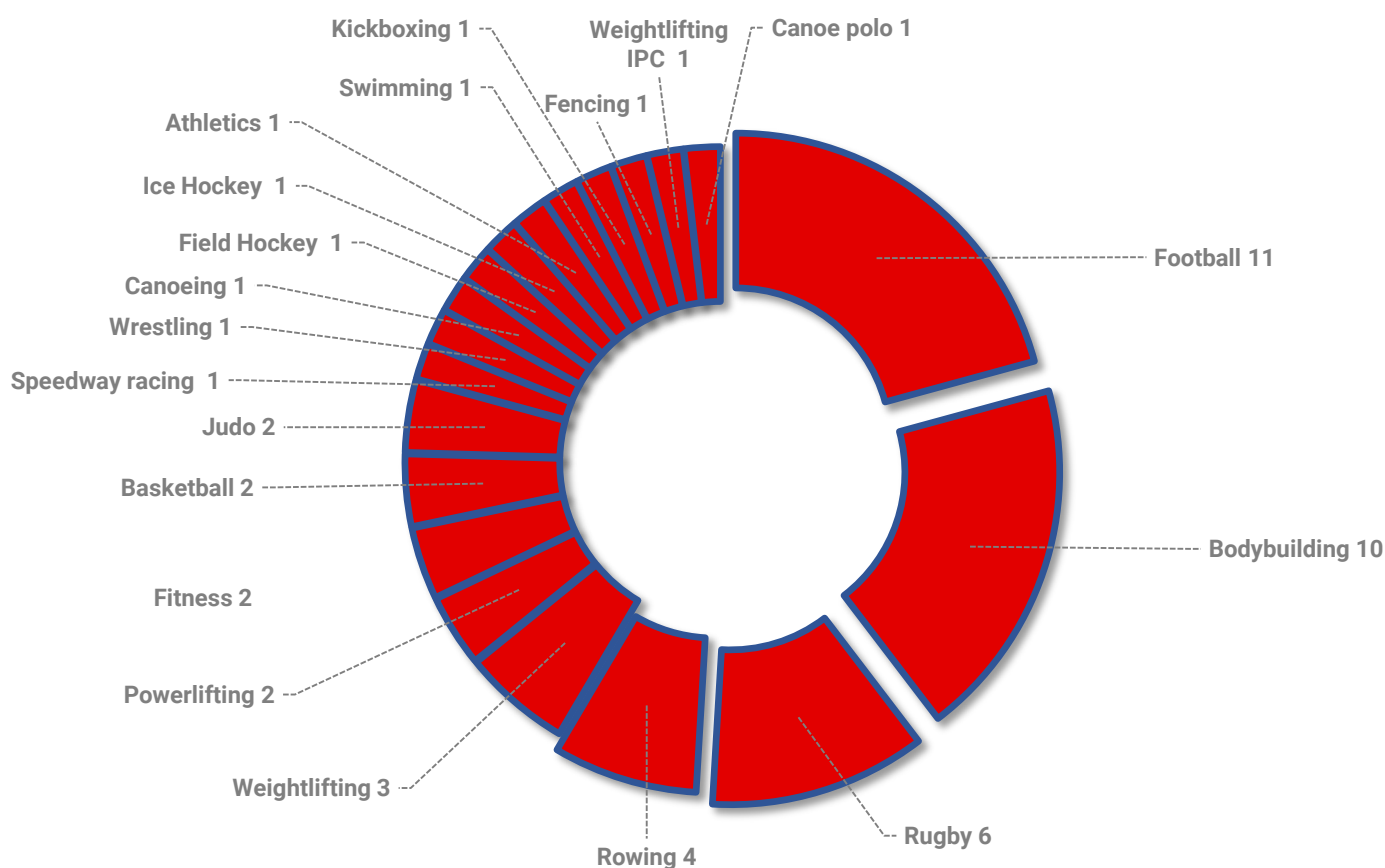


TABLE: ANTI-DOPING RULE VIOLATIONS BY SPORT



# Anti-doping testing outsourced to POLADA

The Polish Anti-Doping Agency also carried out anti-doping testing on behalf of various entities, including international sports federations, elite sport event organizers and mass sports event organizers. In total, 69 control missions were conducted and 546 samples were taken.

TABLE: TESTING OUTSOURCED BY NATIONAL ENTITIES, 2019

SPORT	EVENT	CITY	NUMBER OF SAMPLES
Fencing	Foil World Cup	Katowice	4
Floorball	World Championship qualifiers	Gdańsk	4
Fencing	Sabre World Cup	Warsaw	4
Fencing	Junior Foil World Cup	Leszno	4
Track & Field	Orlen Cup	Łódź	5
Track & Field	Copernicus Cup	Toruń	6
Judo	Junior World Cup	Warsaw	7
Track & Field	10K run	Poznań	6
Track & Field	Half Marathon	Gdynia	6
Track & Field	Track & Field Masters World Cup	Toruń	50
Track & Field	UltraTrail	Dzięgielów	3
Track & Field	14th PZU Half Marathon	Warsaw	10
Track & Field	DOZ Marathon	Łódź	0
Fencing	Junior World Fencing Champ.	Toruń	24
Track & Field	Half Marathon	Dąbrowa Górnicza	4
Track & Field	Orlen Warsaw Marathon	Warsaw	8
Track & Field	18th PZU Marathon	Kraków	10
Gymnastics	European Championships	Szczecin	10
Track & Field	PZU Half Marathon	Poznań	9
Triathlon	Triathlon	Olsztyn	10
Boxing	TYMEX Boks	-	2
Canoeing	Kajaki	Poznań	10
Track & Field	Track & Field	Miński Mazowiecki	4
Cycling	Cycling	Krokowo	3
Cycling	Cycling	Gdynia	4
Judo	Judo Kures	Wrocław	8
Track & Field	Szewińska Memorial	Bydgoszcz	9
Track & Field	Night Marathon	Wrocław	2
Track & Field	J. Kusociński Memorial	Chorzów	6
Rowing	World Rowing Championships	Poznań	10
Judo	Junior European Championships	Warsaw	18
Triathlon	SuperLeague Triathlon	Poznań	5

TABLE: TESTING OUTSOURCED BY NATIONAL ENTITIES, 2019 (CONT.)

SPORT	EVENT	CITY	NUMBER OF SAMPLES
Cycling	Record breaking	Pruszków	1
Deaf Basketball	World Deaf Basketball Champ.	Lublin	6
Modern Pentathlon	World Pentathlon Champ.	Dżonków	13
Fencing	Kiliński Sabre	Warsaw	6
Cycling	Tatra Race	Zakopane	10
Track & Field – persons with disabilities	World Para Athletics Grand Prix	Bydgoszcz	15
Canoeing	ICF World Championships	Kraków	15
Cycling	Record breaking	Pruszków	1
Wakeboard	European and Asian Championships	Sosnowiec	6
Track & Field	European Athletics Championships	Bydgoszcz	46
Triathlon	Elemental Triathlon Series	Białystok	5
Mountain Filming Society	European Championships	Zakopane	2
Track & Field	Track & Field	Krynica Zdrój	4
Track & Field	Skolimowska Memorial	Chorzów	5
Track & Field	Marathon	Wrocław	2
Track & Field	Marathon	Warszawa	9
Track & Field	Half Marathon	Strzegom	2
Track & Field	Half Marathon	Kraków	6
Track & Field	Marathon	Poznań	8
Track & Field	Half Marathon	Świdnica	2
Track & Field	Ultra Marathon	Ustroń	6
Wrestling	Arm Wrestling	Rumia	10
Fencing	Sabre	Sosnowiec	6
Diving	Diving	Poznań	15



69

Control missions  
outsourced to POLADA

546

Samples collected during  
outsourced missions

13

Control missions  
outsourced by foreign  
entities

TABLE: TESTING OUTSOURCED BY FOREIGN ENTITIES, 2019

SPORT	CITY	NUMBER OF SAMPLES
Biathlon	Duszniki Zdrój	3
Biathlon	Duszniki Zdrój	11
MMA	Warsaw	1
MMA	Warsaw	1
Ice Hockey	Toruń	5
Table Tennis	Władysławowo	2
Volleyball	Gdańsk	16
Wrestling	Warsaw	3
Speed Skating	Gdańsk	8
Speed Skating	Grodzisk Mazowiecki	2
Speed Skating	Białystok	2
Speed Skating	Tomaszów	24
Biathlon	Chorzów	2



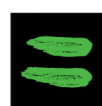
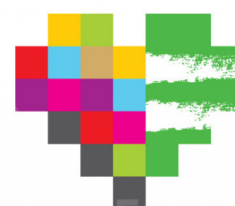
# International cooperation

In 2019, the Polish Anti-Doping Agency carried out a number of activities in the international arena. The main events from the POLADA international cooperation calendar are presented below.

## KATOWICE WORLD CONFERENCE ON DOPING IN SPORT

The World Conference on Doping in Sport was held in Katowice on 5-7 November 2019. On the third day of the event, Polish Minister of Sport and Tourism Witold Bańka was officially approved as President of the World Anti-Doping Agency. His term of office commenced on 1 January 2020.

Apart from other items on the agenda, the conference included sessions of the WADA Executive Committee and WADA Foundation Board, during which amendments were approved to the World Anti-Doping Code - the agency's flagship document, and the international standards that constitute lower-level regulations. Together, these documents serve to harmonize global activities in the fight against doping. The new rules will enter into force on 1 January 2021.



**WORLD CONFERENCE  
ON DOPING IN SPORT**  
KATOWICE 2019 | NOVEMBER 5-7





**The Athletes' Anti-Doping Rights Act** was also approved at the conference. Unlike the Code, which is primarily about athletes' obligations, the Act regulates and supports athletes' universal right to clean and ethical sport based on the principle of fair play.

During the three days of the conference Katowice hosted nearly 1,600 representatives of the **Olympic movement, public authorities, anti-doping organizations, as well as athletes, experts in combating doping and journalists from around the world.** The event took place thanks to the cooperation of the World Anti-Doping Agency, the Ministry of Sport and Tourism, Katowice City Hall and the Silesia Province Marshall's Office.





## COUNCIL OF EUROPE

POLADA together with the Ministry of Sport and Tourism (currently, the Ministry of Sport) actively participated in works of the Monitoring Group of the Council of Europe's Anti-Doping Convention. The main area covered by those activities was the analysis of the need to amend the text of the Convention in order to bring it into line with current needs and legal circumstances.



Ministerstwo  
Sportu



**POLADA**

Polska Agencja Antydopingowa

Moreover, the Polish Anti-Doping Agency supported the assessment of compliance with the Convention by individual member states of the Council of Europe. POLADA Director Michał Rynkowski participated in the evaluation team's two visits: to Croatia and to Italy, as chairman of the evaluation team.

For the first time ever, a joint visit together with the World Anti-Doping Agency was held. It was the visit to Italy, during which an audit on the country's compliance with the World Anti-Doping Program was conducted.

**POLADA Director Michał Rynkowski participated in the evaluation team's two visits: to Croatia and to Italy.**



## CEADO

On the initiative of the Hungarian Anti-Doping Agency HUNADO, representatives of the national anti-doping organizations of Austria, Croatia, Poland, Serbia, Slovakia, Slovenia and Hungary met in Budapest on 28 May 2019.

They made a joint decision to establish the Central European Anti-Doping Organization (CEADO). The meeting was also attended by representatives of the World Anti-Doping Agency, who participated as observers, and representatives of the Romanian Anti-Doping Agency which holds the status of an applicant organization.



**CENTRAL EUROPEAN  
ANTI-DOPING  
ORGANIZATION**

CEADO, as an expert group that brings together the national anti-doping organizations of Central Europe, decided to take joint action to strengthen the member states' national anti-doping programs in the interests of all athletes who play clean sport. The group elected Michael Cepica, CEO of the Austrian Anti-Doping Agency, to serve as chairman of the CEADO board.



## COOPERATION WITH THE UKRAINIAN ANTI-DOPING AGENCY

Cooperation between the Polish Anti-Doping Agency, World Anti-Doping Agency and Ukrainian Anti-Doping Agency, initiated in November 2018, continues to develop. Joint activities have resulted in the recognition of the Ukrainian Anti-Doping Agency as operating in compliance with WADA's World Anti-Doping Program. Achieving this goal required the development of appropriate regulations and

a change of Ukraine's anti-doping policy. POLADA's role has been to support our Ukrainian counterpart in the strengthening of their national anti-doping system by sharing our experience and good practices. All the activities are monitored by WADA and the Council of Europe. The cooperation is expected to end in late 2020.



## iNADO

The Institute of National Anti-Doping Organizations has been broadly involved in the development of anti-doping policies and amendments to the World Anti-Doping Code, and in looking into the problem of doping in Russian sport.

Michał Rynkowski participated in iNADO board meetings as its member. The plague of doping in Russia was one of the leading topics on which iNADO focused in its sessions.



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## ROUND TABLE MEETING ON THE EFFECTIVE INVOLVEMENT OF ATHLETES IN THE FIGHT AGAINST DOPING IN SPORT

On 5 September, representatives of the POLADA Athletes Committee, Luiza Złotkowska and Katarzyna Rogowiec, took part in a roundtable meeting on the effective involvement of athletes in the fight against doping in sport. The event was also attended by Witold Bańka elected to become the new WADA President, and by representatives of the athletes committees of EU Athletes, Global Athlete, the International Olympic Committee, the International Paralympic Committee and the World Anti-Doping Agency.



Luiza Złotkowska



Issues discussed at the meeting included increasing athletes' involvement in the fight against doping, expectations regarding their role in decision-making processes, and the idea of establishing a global-level function of Athlete Ombudsman. Individual panels devoted to these topics were moderated by: Paweł Wilkowicz (Sport.pl), Jens Andersen (Play the Game) and Kacie Wallace (United States Olympic & Paralympic Committee).



Katarzyna Rogowiec

# POLADA organizational chart





# Contact details

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POLADA Director Michał Rynkowski  
michal.rynkowski@anty doping.pl

## Office

tel. +48 22 529 89 12 ext.. 20  
fax +48 22 266 80 13  
biuro@anty doping.pl

## Doping Control and Results Management Department

Manager - Piotr Wójcik  
dkazw@anty doping.pl  
tel. +48 22 629 52 06 ext. 23, 24 or 25

## Information and Education Department

Manager - Grzegorz Borkowski  
grzegorz.borkowski@anty doping.pl  
tel. +48 22 529 89 12 ext. 29 or 30

## Administration and Finance Department

Chief Accountant - Marlena Koźlinka  
marlena.kozlinka@anty doping.pl  
tel. +48 22 629 52 06 ext. 21 or 22

## TUE Committee

biuro@anty doping.pl  
tel. +48 22 529 89 12 ext. 27

## POLADA Disciplinary Panel, Court of First Instance

biuro@anty doping.pl  
tel. +48 22 529 89 12 ext. 28

## POLADA Disciplinary Panel, Court of Second Instance

biuro@anty doping.pl  
tel. +48 22 529 89 12 ext. 28



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