

**ANTI-DOPING
POLAND**



ANNUAL REPORT 2017

ON 1 JULY 2017 THE COMMISSION AGAINST DOPING IN SPORT CHANGED ITS NAME AND LEGAL STATUS AND BECAME THE POLISH ANTI-DOPING AGENCY (POLADA).

The most important of the changes, which follow directly from the Act of 21 April 2017 on combating doping in sport, include: the structure of POLADA has been standardized, doping officers have been granted the status of public officers, POLADA is now a body which can conduct analytical and investigative proceedings, such public institutions as the Police and the Polish Fiscal Administration will now cooperate with the Agency and will disclose doping offences, finally the POLADA's Disciplinary Panel has been recognized.

Futhermore, the POLADA conducted extensive doping control program at the World Games 2017 in Wroclaw.

Contents

- A WORD OF INTRODUCTION 3
- POLADA IN NUMBERS 4
- EDUCATION AND INFORMATION 5
- DOPING CONTROL PROGRAM 7
- DETECTED PROHIBITED SUBSTANCES 10
- ANTI-DOPING RULE VIOLATIONS 11
- CONTRACTED DOPING CONTROLS 13
- INTERNATIONAL RELATIONS 14
- POLADA ORGANIZATIONAL CHART 16
- CONTACT DETAILS 17

A word of introduction

The reform of the anti-doping system – undoubtedly the most important event in Polish sport in 2017.



MICHAŁ RYNKOWSKI- POLADA DIRECTOR

In 2017 Poland was part of four very important events – first, the Act on combating doping in sport came into force, – secondly, the Commission Against Doping in Sport was transformed into the Polish Anti-Doping Agency (POLADA), – thirdly, a Disciplinary Panel at the Polish Anti-Doping Agency was established and fourthly, POLADA's anti-doping program was implemented during The World Games Wrocław 2017 - the games in non-Olympic sports. The new statutory provisions have contributed to the strengthening of the position of the national anti-doping agency and in a comprehensive way regulated the most important issues related to the fight against doping in Polish sport. It should be stressed that under the new regulations administration of certain prohibited substances and trade in certain prohibited substances are now criminal acts.

In 2017 the World Anti-Doping Agency responded positively to the generous welcome expressed, among others, by the Ministry of Sport and Tourism, and selected Katowice as the host and organizer of the World Anti-Doping Conference in November 2019. Katowice will be the fifth organizer of the conference – previously it was organized by Lausanne, Copenhagen, Madrid and Johannesburg.

Witold Bańka, the Polish Minister for Sport and Tourism, has appointed the following members of the Board of the Polish Anti-Doping Agency - Prof. dr hab. Andrzej Małecki - President, Dr Grzegorz Kuczyński - Vice-President, Monika Pyrek-Rokita, Dr. Hubert Krysztofiak, Tadeusz Senda, Wanda Szelachowska-Kluza and Michał Witkowski. The competition for the director of the Polish Anti-Doping Agency was won by Michał Rykowski, previously the Acting Director of POLADA.

POLADA

in numbers

The statistics presented below represent doping controls conducted until the end of December 2017. Their planning and implementation were based on the assumptions of the year-long doping control program.

€715 thousand

POLADA'S BUDGET

3 570

Total number
of samples

4 592

Total number
of laboratory analyses



57

Number
of hearings
before the
Court
of First
Instance

11

Number
of hearings
before the
Court
of Second
Instance

Anti-doping
proceedings --->

41



Nation-wide doping
control missions --->

510



Athletes in a registered
testing pool (RTP) --->

100



Successful EU
applications --->

61



Number of likes
on Facebook --->

4 300



Education and information

Implementation of educational programs has become one of the most important priorities in the fight against doping in Polish sport.

EDUCATIONAL ACTIVITIES

POLADA has intensified its educational activities, with the aim of protecting athletes against unconscious use of prohibited substances and informing them about the broadly understood effects of using prohibited substances in sport.

„I PLAY CLEAN – FAIR PLAY” CAMPAIGN

In 2017, the anti-doping campaign “I Play Clean – Fair Play” was continued. The educational activities were targeted at the entire Polish sports community, but special attention was paid to the young athletes. Educational activities were carried out on several levels and included:

1. Face to face meetings with young athletes during:

- a. visits to sports championship schools (lectures, talks, workshops),
- b. visits to the arenas of the Youth Olympic Days and Polis Junior Championships (educational information desk)
- c. visits during training campaigns targeted at national and regional teams (lectures, workshops)

2. Preparation and production of educational and information materials, such as:

- a. “Antydopingowy pomocnik zawodnika” [Athlete’s anti-doping assistant],
- b. “Antydopingowy pomocnik trenera” [Coach’s anti-doping assistant],
- c. “Kontrola antydopingowa - etapy i przebieg postępowania” [Doping control – stages and procedure]

3. Preparation and production of gadgets with the slogan „I Play Clean - Fair Play”:

- a. silicone bands,
- b. t-shirts,
- c. caps,
- d. pens,
- e. washable tattoos „I Play Clean - Fair Play”.

4. Preparation and production of an outdoor tent for outreach activities

5. Preparation of materials for entries on Facebook’s educational anti-doping profile „I Play Clean - Fair Play”:

- a. entries with updated information about the fight against doping (risks related to the use of dietary supplements, interpretation of the list of prohibited substances and methods),
- b. entries documenting external educational campaigns in the form of photo books,
- c. organization of competitions with prizes for athletes active in communication on the profile,

**FAIR
PLAY***

*GRAM
CZYSTO

A completely new and unique educational campaign has been launched – placement of murals and banners with anti-doping messages in sports facilities (schools, clubs).

91 
Educational
campaigns

3 500 
Participants

EDUCATIONAL CAMPAIGNS

A total of 91 educational campaigns were carried out, in which about 3.5 thousand athletes, coaches and other support personnel took part

„I ALWAYS PLAY CLEAN - TRUE STORY”

A completely new and unique educational campaign was also launched – placement of murals and banners with anti-doping messages in sports facilities (schools, clubs). The graphics depict two important paths of career development in sport – an honest and clean path, and one involving the use of doping. „I Always Play Clean – True Story” has become the leading slogan of this „mural education”. Murals or banners are important information carriers, always present in the space populated by athletes. So far, in agreement with schools, murals and banners have been placed in sports championship schools in Gorzów Wielkopolski, Szczecin and Olsztyn.

COOPERATION WITH THE POLISH OLYMPIC COMMITTEE

In 2017, cooperation with the Polish Olympic Committee and its Olympic Education Department continued. It resulted in several meetings with junior high and senior high school students from all over Poland, during which the subject of combating doping was discussed.



Doping control program

The doping control program has been prepared in line with the provisions of the World Anti-Doping Agency's, International Standard for Testing and Investigations' and WADA Technical Document for Sport Specific Analysis (TDSSA).

510



Control missions

3 570



Urine and blood samples

44



Sport associations covered

STATISTICS

The statistics presented below relate to doping control missions carried out by the Commission Against Doping in Poland and the Polish Anti-Doping Agency in 2017. Their planning and implementation were based on the assumptions of the year-round doping control program. During the reporting period 3,570 urine and blood samples were taken (1,686 in competition and 1,884 out of competition). All analyses were made by the Zakład Badań Antydopingowych (WADA accredited laboratory) of the Institute of Sport in Warsaw. In order to collect the above mentioned samples, 510 control missions were carried out throughout the country involving athletes representing 44 sport associations.



TABLE. DOPING TESTS MADE IN 2017

SPORT	TESTS	URINE SAMPLES	EPO	GHRF	BLOOD TESTS		
					TRANSFUSION	HGH	PPB
ALPINISM	1	8	1				
AMERICAN FOOTBALL	1	6					
ARCHERY	4	20					
BADMINTON	2	14	1	1		1	
BASKETBALL	27	140	21	14		14	
BIATHLON	10	50	30	5	6	7	15
BILLIARDS	1	4					
BOBSLEIGH	2	2					
BODYBUILDING AND POWER LIFTING	15	49	3	16		17	
BOXING	15	90	14	9		9	
CANOEING	23	170	40	18		21	38
CYCLING	27	178	109	24		23	21
DISABLED SPORT	7	40	5	12		6	
FENCING	6	32	3	2		2	
FIELD AND TRACK	43	301	90	44	2	52	28
FIELD HOCKEY	4	25	3	5		4	
FIGURE SKATING	1	2					
FINSWIMMING	1	6	1				
GYMNASTICS	3	30	3	3		3	
HANDBALL	26	140	14	14		14	
ICE HOCKEY	12	65	4	8		7	
JUDO	13	90	9	7		9	
KARATE	4	30	3	4		4	
KICKBOXING	6	34	5	3		3	
MUAYTHAI	3	20	3	2		2	
OLYMPIC TAEKWONDO	3	16	1	1		4	
PENTATHLON	7	40	2	2		2	2
ROWING	24	151	48	18		20	36
RUGBY	14	84	8	8		10	

SPORT	TESTS	URINE SAMPLES	EPO	GHRF	BLOOD TESTS		
					TRANSFUSION	HGH	PPB
SAILING	2	8	1	1			
SHOOTING	1	10					
SKIING	15	59	30	6	3	6	8
SLEDDING	1	1					
SOCCER	36	194	19	22	3	19	9
SPEED SKATING	22	129	37	19	6	20	28
SPEEDWAY	9	47	2				
SWIMMING	20	132	39	13		13	
TABLE TENNIS	5	26	1	1		1	
TENNIS	6	29	2	1		1	
TRIATHLON	5	30	18	3		3	
VOLLEYBALL	26	131	7	8		7	
WATER SKIING	2	8					
WEIGHTLIFTING	37	241	13	90		74	
WRESTLING	0	114	17	11		11	
TOTAL	510	2996	607	395	20	389	185



Detected prohibited substances

S.1 ANABOLIC-ANDROGENIC STEROIDS

– 30 CASES

Clenbuterol – 5
Boldenone – 4
Drostanolone – 3
Methandienone – 3
Oxandrolone – 3
Stanozolol – 3
Dehydrochloromethyltestosterone – 2
Mesterolone – 1
Methenolone – 1
19-norandrosterone – 1

S.3 BETA 2 AGONISTS – 4 CASES

Higenamine – 4

S.4 HORMONE ANTAGONISTS AND MODULATORS

– 11 CASES

Clomiphene – 5
Letrozole – 3
Meldonium – 2
Trimetazidine – 1

S. 5 DIURETICS – 19 CASES

Canrenone – 5
Hydrochlorothiazide – 4
Chlorothiazide – 3
Furosemide – 2
Tamoxifen – 2
Torasemide – 1
Dorzolamide – 1
Indapamide – 1

S. 6 STIMULANTS – 9 CASES

Methylhexanamine – 5
1,4-dimethylpentylamine – 1
Cocaine – 1
Ephedrine – 1
Ecstasy – 1

S. 7 NARCOTICS – 1 CASE

Morphine – 1

S. 8 CANNABINOIDS – 1 CASE

THC – 1



Anti-Doping Rule Violations

On the basis of analytical and non-analytical evidence, 41 proceedings for anti-doping rule violations were initiated. In 33 cases the violation of anti-doping rules was found, while in 3 cases the athletes were found not guilty or there was no basis to impose sanctions. 5 doping cases are still under investigation.

Analytical evidence should be understood primarily as the results of doping laboratory analyses, whereas non-analytical evidence should be understood as any other evidence, such as documents, testimonies or expert opinions.

In 2017, there were also 2 cases of anti-doping rule violations resulting from non-submission or submission of false whereabouts information to the monitoring system.

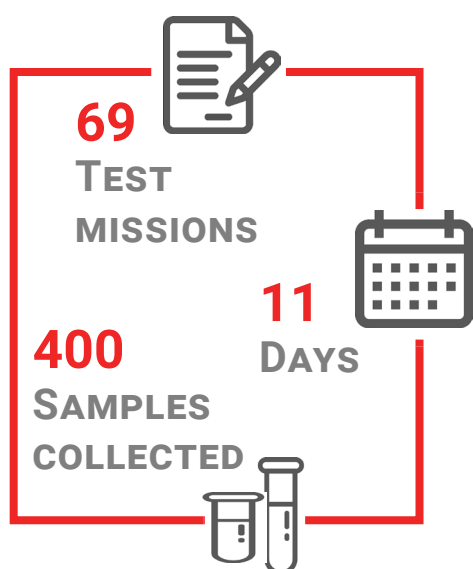
TABLE. ANTI-DOPING RULE VIOLATIONS 2017

SPORT	CIRCUMSTANCES	TYPE OF VIOLATION	SANCTION
BOXING	TRAINING CAMP	CLENBUTEROL	4 YEARS
ROWING	IN COMPETITION	METHANDIENONE	REPRIMAND
ROWING	IN COMPETITION	METHYLHEXANAMINE, CLOMIPHENE	2 YEAR DISQUALIFICATION
SKIING	IN COMPETITION	TRIMETAZIDINE	18 MONTHS
SKIING	IN COMPETITION	ADMINISTRATION OF A PROHIBITED SUBSTANCE	PENDING
WATER POLO	TRAINING CAMP	CLOMIPHENE, TESTOSTERONE METABOLITES AND ISOMERS	3 YEARS 6 MONTHS
SWIMMING	IN COMPETITION	HIGENAMINE	REPRIMAND
SWIMMING	IN COMPETITION	HIGENAMINE	REPRIMAND
MUAYTHAI	IN COMPETITION	FUROSEMIDE	2.5 YEARS
KICKBOXING	IN COMPETITION	EPHEDRINE	REPRIMAND
RUGBY	IN COMPETITION	METHANDIENONE	4 YEARS
KICKBOXING	IN COMPETITION	MELDONIUM	2 YEARS
POWER LIFTING	IN COMPETITION	REFUSAL TO SUBMIT TO SAMPLE COLLECTION	2 YEARS
AMERICAN FOOTBALL	IN COMPETITION	CLOMIPHENE	20 MONTHS
AMERICAN FOOTBALL	IN COMPETITION	METHYLHEXANAMINE	6 MONTHS
FITNESS	IN COMPETITION	CLENBUTEROL, OXANDROLONE, METHANDIENONE	4 YEARS

SPORT	CIRCUMSTANCES	TYPE OF VIOLATION	SANCTION
FITNESS	IN COMPETITION	METHENOLONE, OXANDROLONE, METHANDIENONE, CHLOROTHIAZIDE, HYDROCHLOROTHIAZIDE, CANRENONE	4 YEARS
BODYBUILDING	IN COMPETITION	INDAPAMIDE	2 YEARS
BODYBUILDING	IN COMPETITION	STANZOLOL, OXANDROLONE, BOLDENONE, MESTEROLONE, DROSTANOLONE, TRENBOLONE, CLENBUTEROL, CHLOROTHIAZIDE, CANRENONE, HYDROCHLOROTHIAZIDE, LETROZOLE, TAMOXIFEN	4 YEARS
HANDBALL	IN COMPETITION	HIGENAMINE, 1,4- DIMETHYLPENTYLAMINE	3 MONTHS
SPEEDWAY	IN COMPETITION	MELDONIUM	21 MONTHS
FINSWIMMING	IN COMPETITION	METHYLHEXANAMINE	REPRIMAND
FIELD AND TRACK – DISABLED SPORT	IN COMPETITION	THC	NO VIOLATION
SHOOTING	IN COMPETITION	DORZOLAMIDE	NO VIOLATION
TRACK AND FIELD	TRAINING CAMP	FUROSEMIDE	REPRIMAND
WEIGHTLIFTING	IN COMPETITION	BOLDENONE	4 YEARS
BODYBUILDING	IN COMPETITION	HYDROCHLOROTHIAZIDE	PENDING
FITNESS	IN COMPETITION	DEHYDROCHLORMETHYLTESTOSTERONE, CANRENONE, TORASEMIDE, METHYLHEXANAMINE	3 YEARS 8 MONTHS
BODYBUILDING	IN COMPETITION	REFUSAL TO SUBMIT TO SAMPLE COLLECTION	4 YEARS
BODYBUILDING	IN COMPETITION	REFUSAL TO SUBMIT TO SAMPLE COLLECTION	4 YEARS
BODYBUILDING	IN COMPETITION	19 - NORANDROSTERONE, BOLDENONE, CLENBUTEROL, STANZOLOL, LETROZOLE, TAMOXIFEN, CANRENONE, CHLOROTHIAZIDE, HYDROCHLOROTHIAZIDE	4 YEARS
WRESTLING	IN COMPETITION	CLOMIPHENE	2 YEARS
HANDBALL	IN COMPETITION	MORPHINE	NO VIOLATION
WRESTLING	IN COMPETITION	3,4-METHYLENDIOXYAMPHETAMINE, 3,4-METHYLENDIOXYMETHAMPHETAMINE, COCAINE	2 YEARS
BODYBUILDING	IN COMPETITION	DROSTANOLONE, CLENBUTEROL, STANZOLOL, TRENBOLONE, LETROZOLE, CANRENONE	4 YEARS
BOXING	IN COMPETITION	DROSTANOLONE, BOLDENONE, DEHYDROCHLORMETHYLTESTOSTERONE	4 YEARS
BOXING	IN COMPETITION	CLOMIPHENE	PENDING
BOXING	TRAINING CAMP	HIGENAMINE	2 MONTHS
WEIGHTLIFTING	IN COMPETITION	METHYLHEXANAMINE	3 MONTHS
WEIGHTLIFTING	IN COMPETITION	TESTOSTERONE (IRMS)	PENDING
SWIMMING	OUT OF COMPETITION	ADMINISTRATION OF A PROHIBITED SUBSTANCE	PENDING

Contracted Doping Tests

Tests at TWG 2017 in Wrocław



THE WORLD GAMES
WROCLAW 2017

THE WORLD GAMES 2017 WROCLAW

During TWG 2017 the Polish Anti-Doping Agency collected 400 samples in 11 days during 69 control missions. It was a complex and intensive doping control program, which, under standard working conditions, takes two months to complete.

THE TEAM

In total, the anti-doping team during TWG 2017 consisted of: 3 coordinators, 27 doping control officers (of whom: 5 from Great Britain, 1 each from Barbados, Belarus, Czech Republic, South Africa and Slovakia), 10 blood samplers and more than 35 volunteers.

OUTREACH

During the competition POLADA conducted four information and educational sessions in the outreach system.



Foreign relations

In 2018 the Polish Anti-Doping Agency, and previously the Commission Against Doping in Sport, carried out a number of activities in the international arena.

COOPERATION WITH WADA

The most important element of POLADA's foreign policy was cooperation with the World Anti-Doping Agency in order to achieve full compliance with the standards of the World Anti-Doping Program and implement actions decided at meetings of the Monitoring Group of the Council of Europe's Anti-Doping Convention. Below are presented the most important events from the POLADA calendar concerning foreign cooperation.

1) Implementation of recommendations for independent Disciplinary Panels

ADOPTION OF RECOMMENDATIONS

In 2017, a Council of Europe's recommendation on independent proceedings in doping cases was adopted. It was prepared by an expert group chaired by POLADA Director Michał Rynkowski. The aim of the recommendation was to harmonize regulations concerning the implementation of disciplinary anti-doping proceedings in 47 countries. The work on the recommendation lasted for 2.5 years.

2) Azerbaijan

COOPERATION WITH THE AZERBAIJAN ANTI-DOPING AGENCY

In 2015 the World Anti-Doping Agency selected the Commission Against Doping in Sport to start cooperation with the nascent Azerbaijani Anti-Doping Agency in order to build the foundations of the Azerbaijani anti-doping system. The Polish Anti-Doping Agency continued these activities in 2017.

PURPOSE OF THE COOPERATION

As part of the implementation of the supporting tasks, 13 meetings were held. These meetings were carried out in line with the ambitious project plan agreed by both agencies and endorsed by WADA. The main objective of the plan was to achieve full operational capacity of the Azerbaijan Anti-Doping Agency in all areas of activity by January 2018. During its implementation, three steering committee meetings were held: in December 2016 and March 2017. The role of the Polish Anti-Doping Agency was to transfer knowledge and experience in, among others, the implementation of the doping control program, educational activities, conducting investigations, organization and implementation of disciplinary proceedings concerning doping and proceedings for granting exemptions for therapeutic purposes.

3) Training in test results management for RUSADA

SCOPE OF TRAINING

Under the auspices of the World Anti-Doping Agency (WADA), representatives of POLADA and POLADA First and Second Instance Disciplinary Panels conducted training for the Russian Anti-Doping Agency (RUSADA) on test results management and the organization and conduct of disciplinary proceedings in doping cases.

PARTICIPANTS

The meeting, which took place on 17-18 October 2017, was attended by WADA experts Ieva Lukosiute-Stankuniene and Peter Nicholson, Yuriy Ganus, RUSADA General Director, members of RUSADA Disciplinary Panel, RUSADA employees and POLADA director Michał Rynkowski, Aleksandra Łysuniak-Strauch, Chair of POLADA First and Second Instance Disciplinary Panels and Tomasz Rutkowski, lawyer.



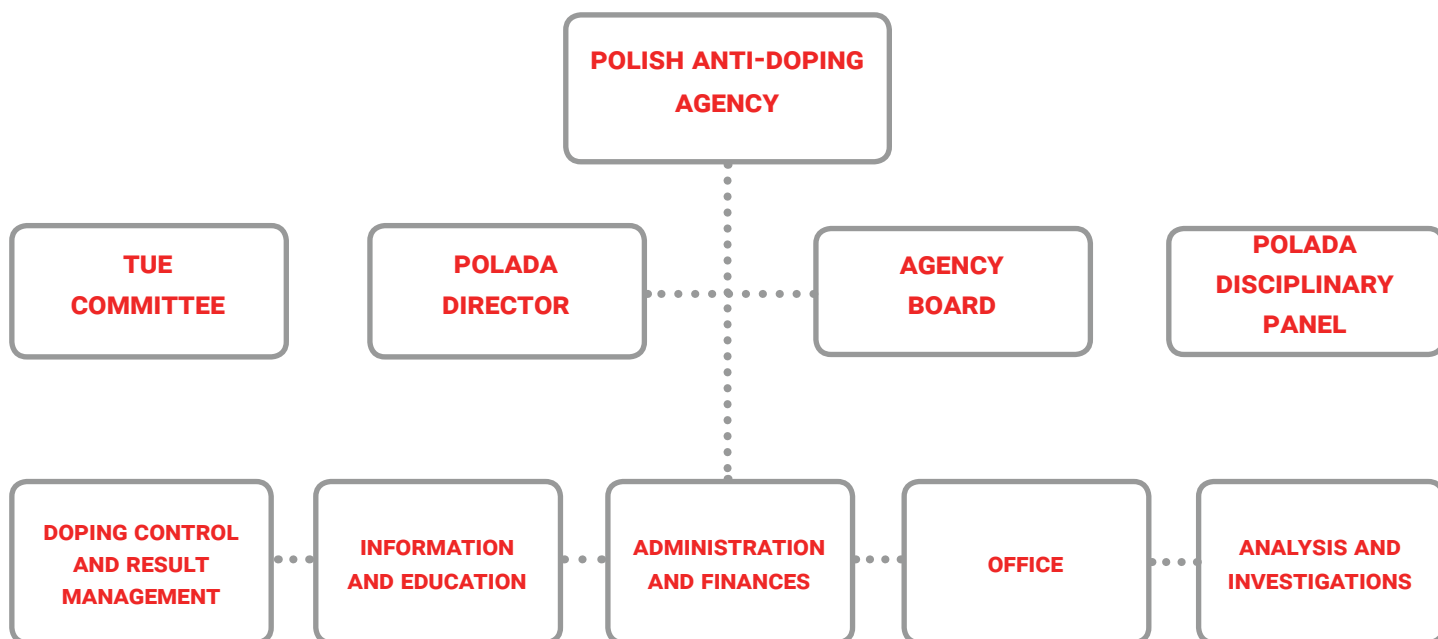
FOT. SZKOLENIE Z ZARZĄDZANIA WYNIKAMI BADAŃ DLA RUSADA

4) Belarusian Anti-Doping Agency

SCOPE OF TRAINING

The Polish Anti-Doping Agency in cooperation with the Zakład Badań Antydopingowych (WADA accredited laboratory) conducted training for employees of the Belarusian Anti-Doping Agency focused on the operation and management of the athletes' biological passport program. A 2-day training was held in Warsaw

Organizational Chart



Contact details

POLISH ANTI-DOPING AGENCY

• Director - Michał Rynkowski
michal.rynkowski@anty doping.pl



• Office
Tel. +48 22 529 89 12 x 20
Fax +48 22 266 80 13
biuro@anty doping.pl



DOPING CONTROL AND RESULTS MANAGEMENT

Tel. +48 22 629 52 06 x 23, 24 or 25
• Head - Piotr Wójcik
dkazw@anty doping.pl

INFORMATION AND EDUCATION

Tel. +48 22 529 89 12 x 29 or 30
• Head - Dr Dariusz Błachnio
dariusz.blachnio@anty doping.pl

ADMINISTRATION AND FINANCES

Tel. +48 22 629 52 06 x 21 or 22
• Chief Accountant - Marlena Koźlinka
marlena.kozlinka@anty doping.pl

TUE COMMITTEE

Tel. +48 22 529 89 12 x 27
biuro@anty doping.pl

POLADA FIRST INSTANCE DISCIPLINARY PANEL

Tel. +48 22 529 89 12 x 28
biuro@anty doping.pl

POLADA SECOND INSTANCE DISCIPLINARY PANEL

Tel. +48 22 529 89 12 x 28
biuro@anty doping.pl

**FAIR
PLAY***

*GRAM
CZYSTO

POLISH ANTI-DOPING AGENCY

ul. Łazienkowska 6A

00-449 Warsaw

tel. +48 22 529 89 12 x 20

e-meil: biuro@anty doping.pl



POLADA

Polska Agencja Antydopingowa

**FAIR
PLAY***
*GRAM
CZYSTO